



## Participation in on-the-land activities (%)

	Men 18+	Women 18+	Boys <18	Girls < 18
At least 1 activity	83%	71	89	75
Fishing	77%	62	80	67
Net fishing	68%	29	42	8
Seal	65%	47	38	21
Beluga	50	26	22	12
Caribou	73	35	51	38
Goose	53	38	38	25
Ptarmigan	65	38	47	21
Berries, plants	52	44	85	67
Shellfish	57	32	58	38

## What and how much country food are Kangiqsujarmiut eating?

**What country foods do you eat the most?** We asked participants to list the five country foods they eat most often. 100% of interviewees listed caribou, 94% reported Arctic char and 91% said that beluga was one of the country foods they ate the most. Only 20% of interviewees said ringed seal is one of the country foods they eat most.

## In the past year, how often were country foods served in your household?

	Never	Less than once a month	Once or twice a month	Once or twice a week	Several times a week	Everyday
Fall	0.0%	10.9%	10.9%	35.9%	35.9%	6.2%
Winter	1.6%	7.8%	17.2%	35.9%	28.1%	6.2%
Spring	0.0%	10.9%	15.6%	26.6%	32.8%	14.1%
Summer	0.0%	9.4%	14.1%	21.9%	40.6%	14.1%

**Fewer households are eating country food everyday than in 2013. More households seem to be eating country food very infrequently (a couple times a month or less).**

## Food access

Statement	Never	Sometimes	Often	Don't know/NA
The <b>COUNTRY</b> food we had just did not last and we could not get more.	50.0%	28.1%	17.2%	3.7%
The <b>STORE</b> food we had just did not last and we could not get more.	50.0%	31.2%	15.6%	3.2%



In 2023 slightly fewer people said that sometimes or often they could not get the country food they needed compared to 2013 (50% in 2023 vs. 58% in 2013). The main reasons that people could not get the country food they wanted was lack of money or equipment and having to work. Lack of a hunter or hunting knowledge in the household was also a barrier for some. The country foods that people wanted more of

were mainly beluga, caribou, and ringed seal.

However, more people were concerned about store food access in 2023 than in 2013 (50% vs. 43%). The main reason that people had difficulty getting store food included high cost of food, no job or not enough income, had to pay other bills. Many respondents agreed that they could not get the store foods they wanted because the foods were not available at the store or were not of good quality. The main store foods that people wanted more of were fruit (38%), vegetables (31%), and meat (28%).



Overall, it seems that **food security in the community has improved since 2013** because fewer households are reducing their food consumption due to inability to access needed food. However, in 2023 many households reported not being able to get store foods they wanted because of **supply issues at the store**. This issue was only rarely reported in 2013.

## Country food sharing

In total, the 64 households who responded to our survey reported 563 country food sharing ties with other households in the community, producing a closely connected network (see right, households we interviewed are in green).

On average, in our 2023 survey Kangiqsujarmiut listed 5.3 (range 0 to 26) other households in the community who they gave country food to in the past year. Households reported that they received country food from 4.1 (range 0 to 11) other households in the community on average. This was slightly more sharing partners than respondents listed in 2013. This difference is most likely due to the new

## 2023 food sharing network

